

Bertie Positioner®



Bertie Positioning aid was developed to be used in conjunction with Claire's Nest.

Each Bertie comes with a soft brushed cotton cover and is filled with special Polyethylene PE beads that can be washed up to 90 degrees and then cool dried.

Nest sizes are provided for guidance only, therefore each baby should be assessed individually and an appropriate sized nest for their needs chosen. Cuski's Bertie positioning aid can be used to help customise each nest for individual use, supporting the baby comfortably in a prone, supine or side lying position.

A flexed, midline position should be maintained within the nest and the baby should always be able to move their arms and hands freely, allowing movement towards their face and mouth, giving them the opportunity to self-comfort.

Bertie can be versatile and used without Claire's nest if required - place Cuski muslins around Bertie to create a home made nest.

PRONE

SUPINE

LATERAL



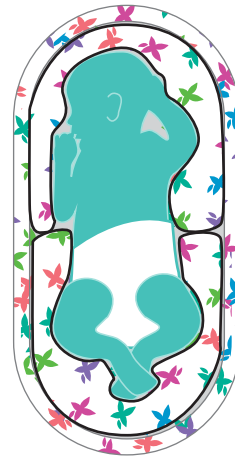
Baby in Nest



Baby in Nest



Baby in Nest



The pictures show how Bertie can be used. You could end up using 2 or 1. It depends on the individual babies needs. Some may fit perfectly in to a nest, others may need a bertie to adapt the nest for a better fitting.

Bertie is very versatile and can be used individually, as well as with Claire's Nest.

A home made nest can be created by using a few Bertie's placed together as a boundary. A muslin can then be placed over the top and tucked in to secure the nest in to the required shape.